



You are WELCOME in this house. Isaiah 56:7 Pastor Dr. Dewayne & Elect Lady Elizabeth Attical

# JANUARY2022

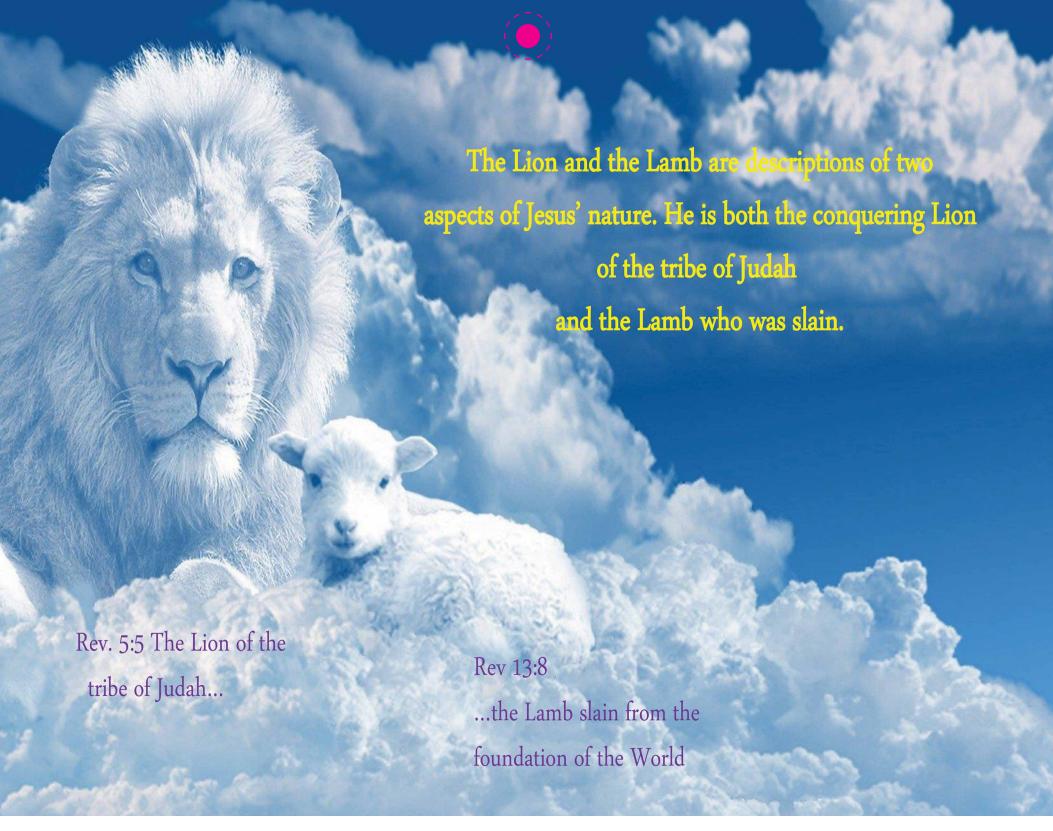
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						New Year's Day
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Holy Communion						
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	Martin Luther King Jr. Day					
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# Abysinia Baptist Church





# FEBRUARY2022

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Holy Communion	Valentine's Day					
20	21	22	23	24	25	26
Reverend Dr. Dewayne Attical 19th Year Pastor Anniversary	Presidents' Day					
27	28					

Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

## **Abysinia Baptist Church**





# MARCH**2022**

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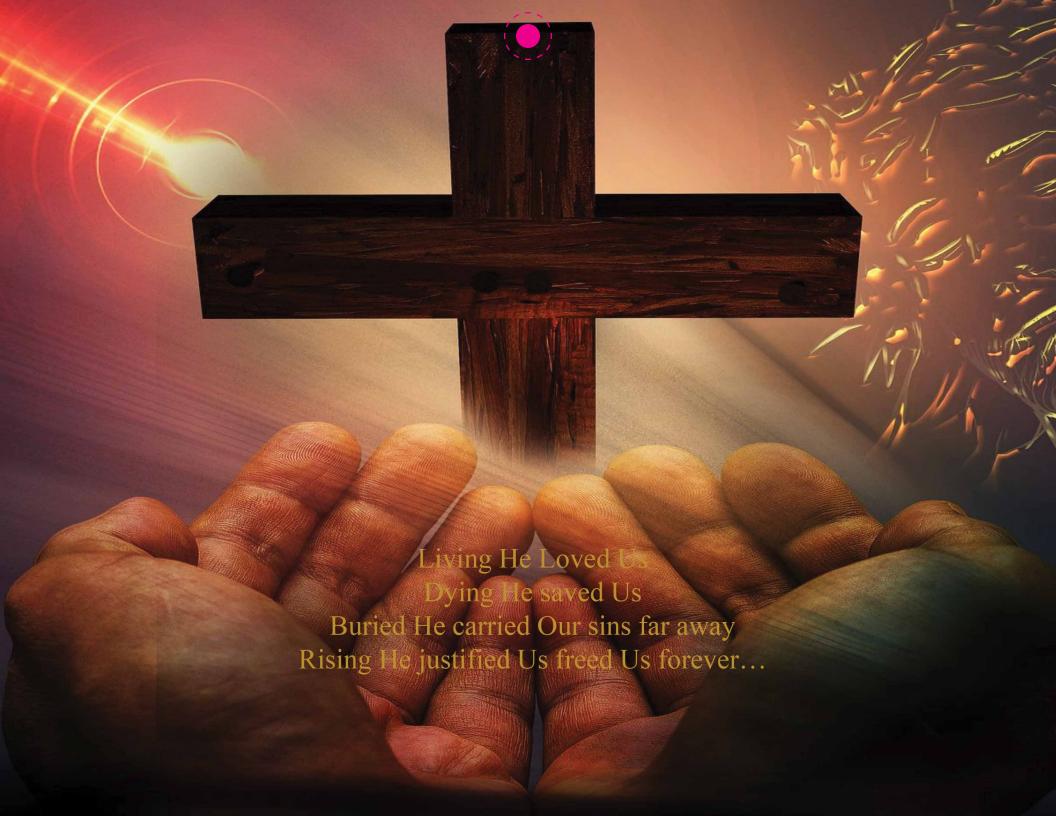
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			Ash Wednesday			
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<b>Holy Communion</b> Daylight Saving Time Begins				St. Patrick's Day		
20	21	22	23	24	25	26
<b>Men's Day</b> Spring Begins						
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Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

# **Abysinia Baptist Church**





# APRIL2022

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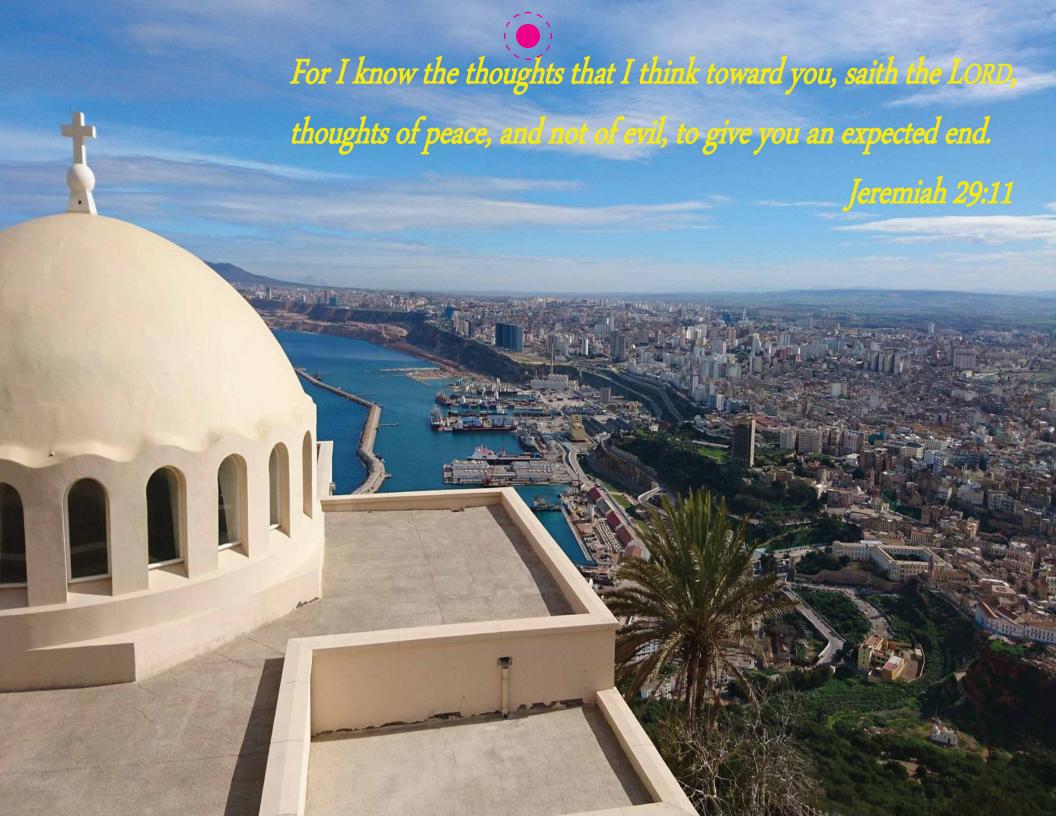
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					April Fools' Day	
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Holy Communion Palm Sunday					Good Friday Passover	
17	18	19	20	21	22	23
Vouth Day	Tou Day					
<b>Youth Day</b> Easter Sunday	Tax Day Easter Monday (Canada)				Earth Day	
24	25	26	27	28	29	30

Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

# **Abysinia Baptist Church**





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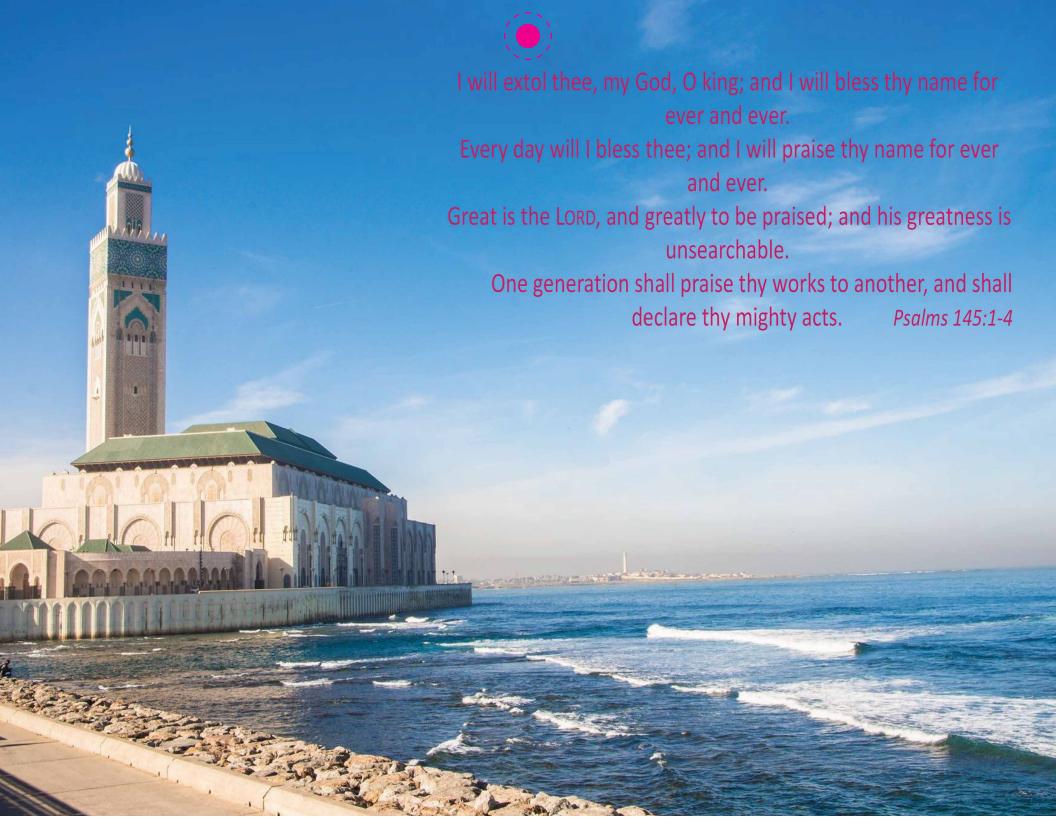
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New Vision Day (Young Adults)  22 23 24 25 26 27 28  Victoria Day (Canada)	ion	Holy Communion Mother's Day						
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Memorial Day			Mamorial Day					

Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

## **Abysinia Baptist Church**





# JUNE2022

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Holy Communion	Elect Lady Attical Birthday	Flag Day				
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Father's Day		Summer Begins			St. Jean-Baptiste (Canada)	)
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Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday





# JULY2022

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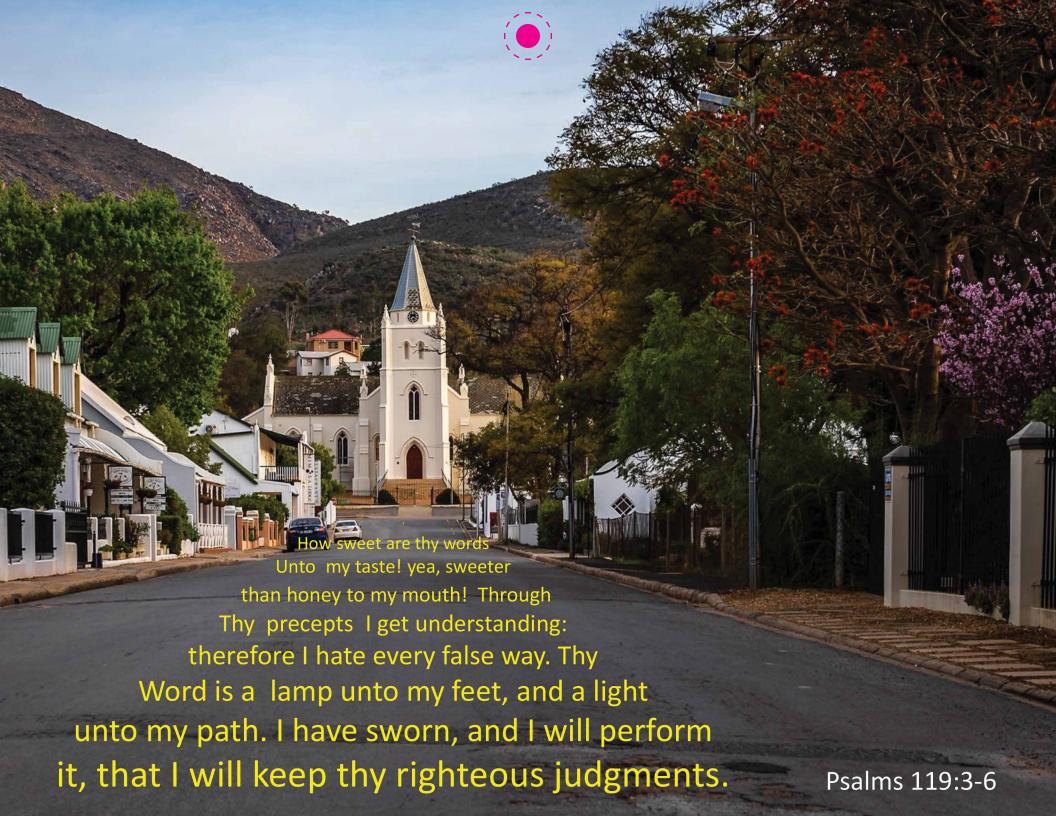
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					Canada Day (Canada)	
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	Independence Day					
Holy Communion Abysinia Baptist Church 77th Year Anniversary	11	12	13	14	15	16
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Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

## **Abysinia Baptist Church**





# AUGUST2022

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SEPTEMBER

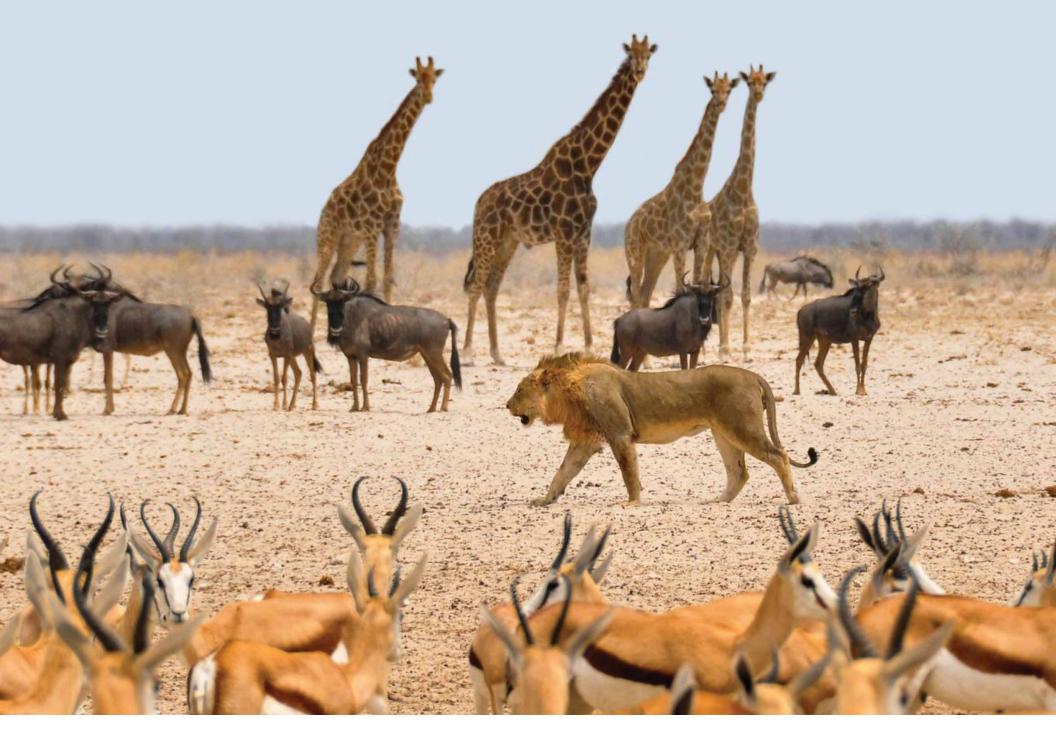
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_	Civic Holiday (Canada)					
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Holy Communion	22	23	24	25	26	27
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Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

## **Abysinia Baptist Church**







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	Labor Day Labour Day (Canada)					
11	12	13	14	15	16	17
<b>Holy Communion</b> Patriot Day						
18	19	20	21	22	23	24
				Autumn Begins		
25	26	27	28	29	30	
Rosh Hashanah						

Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

# **Abysinia Baptist Church**



And no man hath ascended up to heaven, but he that came down from heaven, even the Son of man which is in heaven.

And as Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up: That whosoever believeth in him should not perish, but have eternal life.

For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.

For God sent not his Son into the world to condemn the world; but that the world through him might be saved.

St. John 3:13-17

# GODRIASS TRANSPORT

# OCTOBER**2022**

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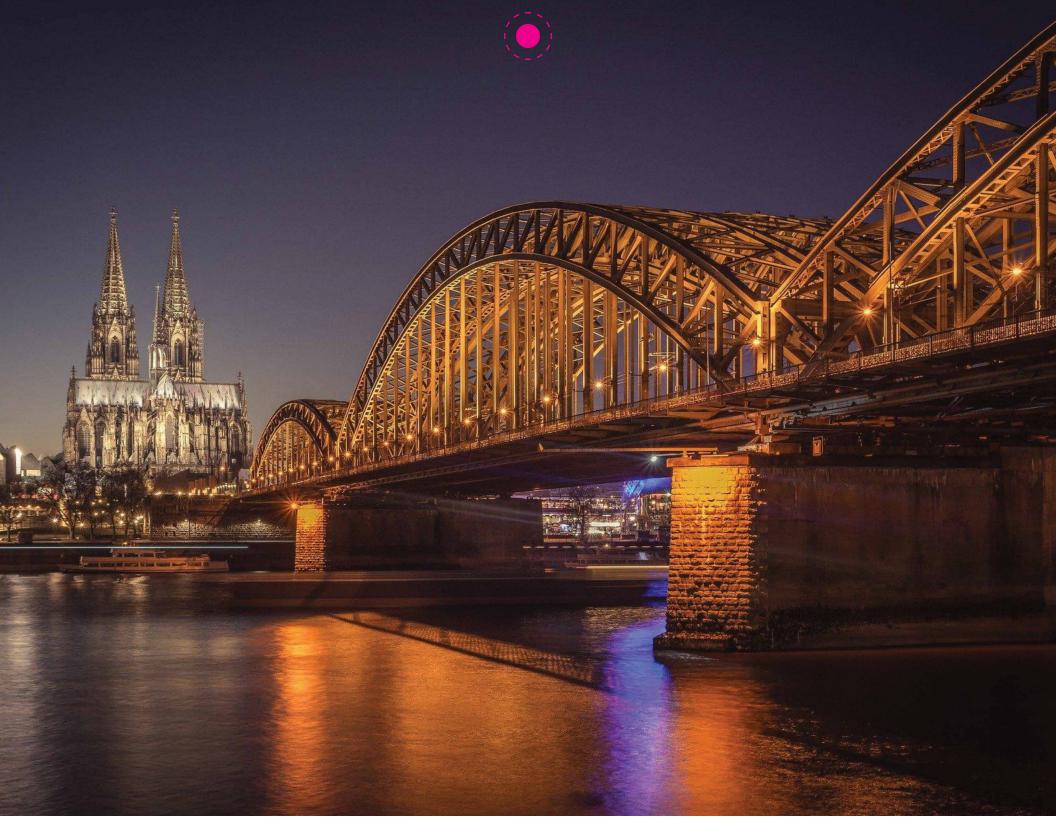
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		Yom Kippur				
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Holy Communion	Columbus Day Thanksgiving Day (Canada)					
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			Pastor Attical Birthday			
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Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

## **Abysinia Baptist Church**





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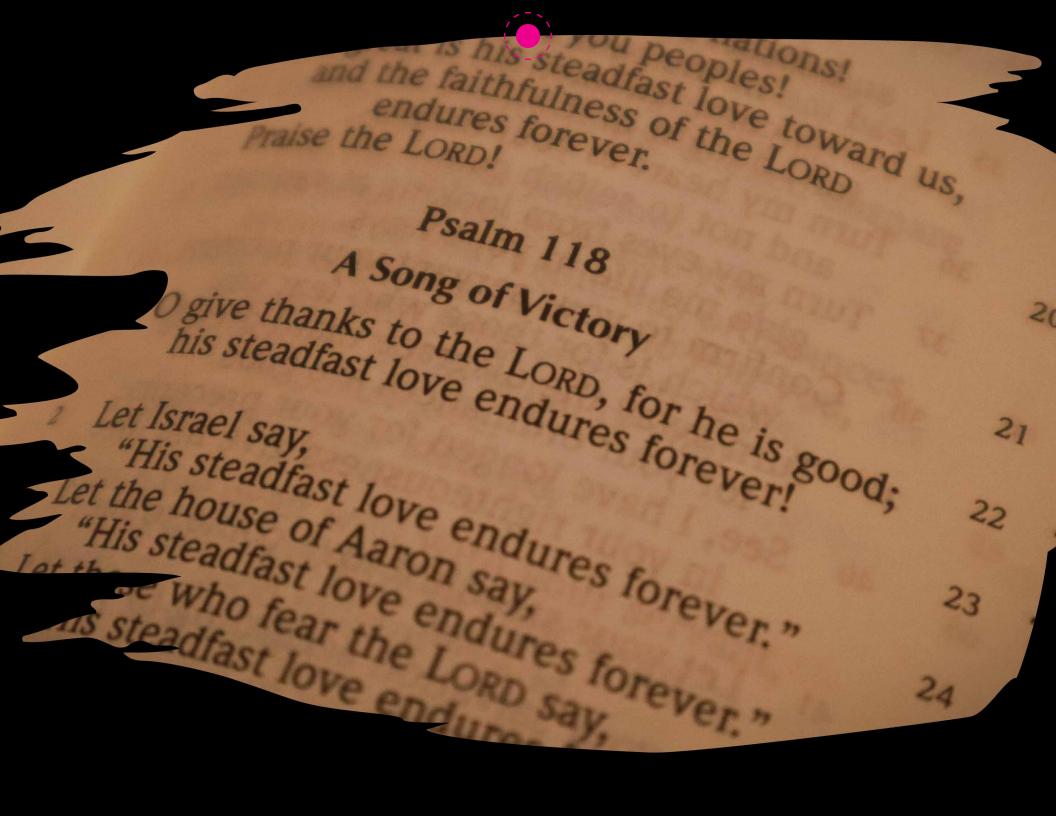
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Daylight Saving Time Ends		Election Day			Veterans Day Remembrance Day (Canada)	
13	14	15  Pastor and Elect Lady	16	17	18	19
Holy Communion		Wedding Anniversary				
20	21	22	23	24	25	26
				Thanksgiving Day		
27	28	29	30			

Bible Study: Thursday 6pm • Men's Choir: 1st Sunday • A.B.C. Choir: 2nd & 4th Sunday • Children's Choir: 3rd Sunday

**Abysinia Baptist Church** 





# DECEMBER2022

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			Pearl Harbor Day			
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Holy Communion						
18	19	20	21	22	23	24
First Day of Hanukkah			Winter Begins			
25	26	27	28	29	30	31
Christmas Day	Boxing Day (Canada)					New Year's Eve

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## **Abysinia Baptist Church**



#### **VANILLA WAFER CAKE**

#### Submitted by: Maggie Wilcox

#### Ingredients

- 2 cups of white sugar
- · 8 ounces of flaked coconut
- 1 cup of chopped pecans
- ½ cup of milk
- 12 ounces of vanilla wafer cookies (crushed)
- 6 eggs
- 1 cup of butter

#### Instructions

- 1. Pre heat oven to 300 degrees
- 2. Grease and flour a bundt pan
- 3. Cream butter or margarine, add sugar, beat until smooth
- 4. Add eggs (one at a time) beat well after each adding
- 5. Stir in crushed vanilla wafers, alternating with adding milk
- 6. Add coconut and pecans, mix until blended
- 7. Pour batter into prepared pans
- B. Bake for 90 minutes

#### **CRACKING CORNBREAD**

#### Submitted by: Willie McCullers

#### Ingredients

- 2 cups of self-rising corn meal
- 1 cup of pork crackling
- 1 cup of buttermilk
- 2 tablespoons of bacon grease
- 2 eggs

#### Instructions

- 1. Preheat oven to 450 degrees
- 2. Place bacon grease in a cast iron skillet, place over medium heat, let melt
- 3. Place corn meal in a medium size mixing bowl
- 4. Add egg and butter milk
- 5. Stir ingredients (add more buttermilk to make a slightly thin batter)
- 6. Add crackling, stir well to combine
- 7. Pour the melted bacon grease into the batter and stir to combine
- 8. Pour batter into hot skillet, spread out evenly
- 9. Bake for 20 -25 minutes (as needed) until lightly browned on top
- Remove from the oven and run a butter knife around the edges of the cornbread to loosen it from the skillet
- 11. Flip bread onto a plate and top with butter
- 12. Serve warm and Enjoy!

#### **BEEF STROGANOFF**

#### Submitted by: Faye Attical

#### Ingredients

- 1½ lbs of beef sirloin steak, cut 1/2" thick
  8 ozs of fresh sliced mushrooms (2½ cups)
- 2 medium onions (thickly sliced)
- 1 garlic clove (finely chopped)
- ¼ cup of butter
- 1 ½ cups of Progresso beef flavored broth from 32oz carton)
- ½ teaspoon of salt
- 1 teaspoon of Worcestershire sauce
- 14 cup of Gold Medal all purpose flour
- 1 ½ cups of sour cream
- 3 cups of hot cooked egg noodles

#### Instructions

- 1. Cut beef across grain into about 1 ½ x ½" strips
- Cook mushrooms, onions and garlic in a 10" skillet, over medium heat, stirring occasionally, until onions are tender; remove from skillet
- 3. In the same skillet, brown beef sirloin
- Stir in 1 cup of broth, salt and Worcestershire sauce, heat to boiling, reduce heat
- 5. Cover and simmer for 15 minutes
- 6. Stir remaining ½ cup of broth into flour, stir into beef mixture
- Add onion into mixture, heat to boiling, stir constantly, boil and stir 1 minute
- 3. Stir in sour cream, heat until hot (do not boil)
- 9. Serve over noodles

#### **RICE CASSEROLE**

Submitted by: Minister Stella and Maurice Wilson "In memory of our mother Mrs. Angeline T Wilson"

#### Ingredients

- 1 Cup of uncooked rice
- 1 can of chicken rice soup
- 1 and 1/3 cups of water
- 3 tablespoons of chicken stock
- 2 green bell Peppers (diced)
- 1 large onion (diced)
- 1 stick oleo
- 1 can of mushrooms
- 1 tablespoon of Worcestershire sauce

### Instructions

- 1. Saute onions, Peppers in oleo
- 2. Combine all remaining ingredients in a deep oven approved covered dish
- Stir well and cook covered at 350 degrees for 1 hour
- 4. Serves up to 4

## SEAFOOD SALAD

#### Submitted by: Sister Laverne Cooper

#### Ingredients

- 1 lb. shrimp (boiled and seasoned)
- 1 lb. claw crab meat
- ½ each red, yellow and green bell pepper3 boiled eggs
- 3/4 cup cube sweet pickles
  1 box tri color pasta (boil according to directions)
- Old Bay seasoning (to taste)
- Creole Seasoning (to taste)
   Mayonnaise (to taste)

#### Instructions

- 1. Mix all ingredients
- 2. Refrigerate several hours, better if refrigerated overnight
- 3. Serve cold

#### **EASY PEACH COBBLER**

#### Submitted by: D Cash

#### Ingredients

- 2 cups of sliced Peaches
- 1 ½ cups of granulated sugar
- 1 ½ cups of grain
   1 stick of butter
- ¾ of a cup of all-purpose flour
- 2 teaspoons of baking powder
- 1/8 teaspoon of salt
- ¾ of a cup of milk

½ teaspoon of vanilla

## Instructions

- 1. Preheat oven to 350 degrees
- Drain peaches and mix with ½ cup sugar
   In a medium bowl, mix together 1 cup of sugar, flour, baking powder, salt, milk and vanilla to form a batter
- 4. Melt butter in 8x8 inch glass baking dish or 2 quart casserole dish Want to quote casserole dish
- 5. Pour batter over the top of melted butter (do not stir)
- Play speeches on top of batter
- 7. Bake for 1 hour or until crust is golden brown
- 8. Batter will rise to the top during baking
- 9. Up to 9 servings

#### **CANDIED YAMS**

#### Submitted by: Josephine Wilcox

#### Ingredients

3 pounds of sweet potatoes

Cinnamon (optional)

1 Cup of white or packed brown sugar

- 1 stick of butter
- Instructions
- Preheat oven to 450 degrees
- 2. Wash and peel potatoes
- 3. Cut to desired size and shape4. Place potatoes in baking dish, add sugar
- and butter

  5. Bake for 45 minutes to 1 hour

(Optional) Yams can be cooked on stove

top, on medium heat for 45 minutes. Check

frequently
7. Sprinkle cinnamon on top

## CHICKEN CASSEROLE

## Submitted by: Lula Mills

#### Ingredients

- 2 chicken breasts
- 1 medium onion2 teaspoons of garlic
- 2 teaspoons of onion powder
- 1 teaspoons of Italian seasoning1 can of cream of chicken soup
- 2 cans of cream of mushroom soup
- 8 ounces of sour cream2 cups of cheese of choice
- 1 box of penne noodles
- Instructions
- Preheat oven to 425-450 degrees
   Cook noodles to texture and taste (save ½ cup of water)
- Slice and sauté onions until transparent (set aside)
- Cut chicken into chunks and cook until no pink is seen (save chicken stock)
- 5. In a mixing bowl add soup, stir well
- Add garlic, onion powder an Italian seasoning, stir well
- 7. Add onion and cheese, stir well
- 8. Add sour cream, stir well
- 9. Add noodles and chicken, mix well
- Add chicken stock and ½ cup of saved water, make sure mixture is soupy
- 11. Place in baking pan, cover with foil and bake for 45 minutes
- 12. Remove foil, reduce heat and cook for 20-30 minutes, until mixture is bubbling and cheese is melted

#### **CHOCOLATE POUND CAKE**

Submitted by: Minister Stella Wilson

#### Ingredients

- ½ a pound of butter
- 1/2 a cup of Crisco
- · 3 cups of sugar
- 5 eggs
- 3 cups of flour (plain)
- 1/2 teaspoon of baking powder
- 1/2 teaspoon of salt
- 4 tablespoons coca
- 1 cup of milk
- 1 teaspoon of vanilla

#### Instructions

- 1. Preheat oven to 350 degrees
- 2. Cream butter and Crisco, add sugar and eggs
- 3. Sift dry ingredients together
- 4. Add vanilla to creamed mixture
- Add milk to dry ingredients alternating with creamed mixture
- 6. Pour into greased, paper lined cake pans, three to four inches deep
- 7. Bake 1 ½ hours or until cake test confirms its done

#### Icing

- Melt one stick of butter with one half block of German chocolate
- Add one box of confectioner sugar and 1 teaspoon of vanilla
- 3. Add Carnation milk until it's the right consistency to spread

#### SHRIMP-WILD RICE CASSEROLE

Submitted by: Sister Laverne Cooper

#### Ingredients

- 1 large bell pepper, chopped
- 1 tablespoon lemon juice
- 1 teaspoon Worcestershire sauce
- · 2 lbs. shrimp, cooked and seasoned
- 1 cup grated cheddar cheese
- 1 large onion, chopped
- 2 cans undiluted cream of mushroom soup
- 1 teaspoon mustard
- ½ teaspoon black pepper
- 2 (6) oz boxes Uncle Ben Long Grain an Wild Rice
- ½ cup butter or margarine

#### Instructions

- 1. Preheat oven to 375 degrees
- 2. Cook rice according to package directions
- 3. Melt butter and saute' peppers and onion until tender (3-5 mins)
- 4. Mix remaining ingredients
- 5. Bake at 375 for 40 minutes
- 6. Serves up to 12

## **CREAMY BUTTERNUT SQUASH CASSEROLE**

Submitted by: D Cash

#### Ingredients

- 2 medium butternut squash, peeled and cut into chunks
- ½ cup of sugar two large eggs
- · ¼ cup of milk
- · 2 tablespoons of butter
- 1 teaspoon of vanilla extract
- 1/4 teaspoon of ground cinnamon
- 1/4 teaspoon of ground nutmeg

#### Instructions

- 1. Preheat oven to 350 degrees
- Place squash in a large saucepan, cover with water, bring to a boil an reduce heat, simmer for 12 to 16 minutes or until tender, then drain water
- 3. In a small mixing Bo beat squash until smooth
- 4. Add remaining ingredients and beat well
- 5. Spoon into a 1 1/2 quart baking dish coated with cooking spray
- Bake for 30 to 35 minutes or until a thermometer inserted in the center reads 160 degrees

#### **CURRY CHICKEN**

Submitted by: Josephine Wilcox

#### Ingredients

- 4 chicken breast
- 1 medium onion
- 1 can of coconut milk
- 1 can of chicken broth
- 2 tablespoons of Curry powder
- ¼ cup of flour
- 2 to 4 tablespoons of oil
- Salt and pepper (to taste)

## Instructions

- 1. Cut chicken into desired size chunks
- 2. In a skillet, cook chicken until no pink is seen, set aside
- 3. Saute onions for 3 minutes, add flour to make a rue (do not brown)
- Mix in curry powder, chicken, coconut milk and chicken broth, sir and bring to a boil (add salt and pepper to taste)
- Reduce heat to medium and cook for 20 minutes
- 6. Serve over white rice